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at p 781.

Observations intended to prove on the diseases of Pregnancy & Parturition to be found in the United States of the fairfield system and the means of curing them.

~~I know it is true~~ ~~In this I know it is true~~ ~~many to that~~ many volumes have been published on the diseases of pregnancy. ~~In the present I~~ I shall ~~confine myself~~ have been more ~~brief~~ I conceive it would be proper to consider ~~pregnancy as the only~~ those diseases supposed as symptoms only of a simple disease, & that is an inflammation of the womb from ~~the~~ induced by conception, & the enlargement changes induced by pregnancy on the womb.

That the Utes

IV all their other diseases are the effects of those two states of their systems. We shall first speak of the disease of Pregnancy. The philosophers in describing the humble origin of man say that he is formed "inter Stercus & Urinam". The Divines say that he is conceived in Sin & ~~born~~ Shapen Iniquity in Iniquity". It is ~~equally true~~ I believe a truth I believe equally humiliating, ~~& true~~, that he is conceived & brought forth in Disease".

V ~~which~~ induces upon the whole system a Chronic ~~or wasting~~ and wasting C— state of fever.

+ Thus far I have spoken of the diseases
which are common to all females. I
shall now take notice of those which belong
to Women who bear Children. These
principally
are two in Number viz: Pregnancy &
Parturition. & have called and 10 of
effects of these two States of their Systems.
Pregnancy. It is no less true, that
we are conceived in disease & brought
forth in disease, that that we are conceived
in Sin and brought forth in Iniquity. Sin
I propose in this to the Disease of
That The Disease of pregnancy to a diseased
& from the enlargement of the Uterus from
between 40 & 50 times its natural Size
In the discharge of pregnancy
at the close of Gestation. This enlarge-
The Uterus is affected with
ment is the effect of Chronic Inflammation.
This is evident from its exhibiting

† This enlargement is not the effect of distention. I prove this, from its suffering no diminution in its thickness. —

First its general signs

Does Inflam[n] produce a trans[t] pulse?

So Does pregnancy. It often affords a certain sign of Conception. [illegible] Exhibites this case.

Does Inflam[n] produce thickness — fat — dry blood — dry skin — heating with difficulty when cut or wounded — — high coloured Urine & mobility of the nerves ##

V Hence too the Origin of the Leucia.

They are a slow and Spontaneous Ld =

Bleeding performed by nature &

intended to cure the Inflam[n]: of the

hence menses in pregnancy. see blots from

Uterus After parturition. Again.

Osander - under Conception &c - in Cond. blue book.

System [2] So does pregnancy?

inflam[n]

Does fever ever produce - petechiæ, or

Ecchymosis? Dr Tipot says the latter on

the belly & thighs in pregnancy.

Does inflam[y] fever produce giddiness — head

all the usual phenomena of Inflam.
both general & local in other parts of the body. Are parts in-
flamed, enlarged? This is the case in the
Uterus. It is 50 times its natural size in the last months
of Gestation. Are parts inflamed, disposed
to hæmorrhage? So is the Uterus - hence
the frequency of hæmorrhagia Uteri in
pregnancy, & of subsequent abor-
tions. Are parts inflamed disposed to
end in Abscesses, and Sqirrsi - and
Cancers - So is the Uterus, hence the
origin of those Disorders after Gestations.
It is true - they sometimes occur
in women who have never borne
Children - but in those cases they
are the effects of the Inflam. excited by

Ach — Want of appetite — & irregular longings
— bitter To Does pregnancy · ~~Ann Loch~~
to do

- - -

menstruation - That the Uterus is during menstruation influenced
Quality of the menstrual blood, which is in-
-capable of coagulation owing its being a secretion
from the Uterus induced by the nervous
inflammatory action of its blood vessels. In
Do inflamed parts secrete or effuse coagulating lymph
from which a membrane is formed
upon their surfaces? we see the same
thing in the Uterus. Dr Scarpa has proved
the membrana decidua which is
formed during pregnancy, to
be in every respect the same with the
membranes which are formed after the
Cynanche Trachealis, - pleurisy Inflam.
of the bowels &c. Does this blood attend In-
-flam.n in other parts of the body? It
almost uniformly attends the whole
period of Gestation. Do inflamed Viscera

V Abortions more frequently occur when it is absent, than when it attends in a moderate degree.

– 10 –

V The appetite in pregnancy is extremely capricious. As instance of a Lady informed me of a =pathy to eels, but who eat them with pleasure during her pregnancy.

The longings of women arise from a Diseased state of the stomach. They are connected with some prior association.

a full & quick pulse
produce Sickness at
Sometimes Convulsions
the body. The same
~~After~~ during the whole
I shall briefly mention
their respective Remedies.

1 Sickness at Stomach
ascribed to the Uterus
After impregnation
I infer from its
when the
~~soon as the~~ pressure
from the same Sympathy
the Uterus, which
Of Other organic parts.
Hunter used to say,
appetite in order to
attends gestation.
the first 3 months
Disposition of the
=thagy being greater

Stomach, also pains, and
Symptoms in every part of
Symptoms ~~Phenomena~~ occur
time of pregnancy.
these Symptoms &c

Stomach
~~that~~ but this is not y case
being imperceptible
is greatest. It arises
~~of~~ the Stomach
Attends the Influx.
final ~~cause~~ Dr
~~is said~~
was to suspend the
prevent the plethora &c:
It probably owns within
Conception, from the
inflamed Uterus to homor=
at that time, than after=
=wards.

V Sometimes Abortions occur from
the Absence of this fitness. In this
case, it should be excited by nau=
=seating medicines. — The Absence
of morbid action in the stomach,
concentrates & conveys too much morbid
action in the Uterus.

2 Hepatitis. I have lately seen a case
of this disease from Conception. It was
cured by Dr Craig - She miscarried.
Dr Dewees the embrio.

Its Remedies are chewing biscuit = ges - lying in bed & exercise. V

metries of Ipec: Opium, fretting lines - eating fine, and above all fresh air mustard when necessary

3 The tooth Ache. This pain is often a symptom of inflam^{n} fever from local causes. Extrac= =tion is perfectly safe in this state of the system, where other Remedies have failed of giving relief.

2 Costiveness. This too is a symptom of inflam^{n}. fever. Its Remedies as for fever.

4 ~~Incon~~ Ischuria. The same as formerly mentioned. 5 Involuntary flow of Urine. Gentle purges. They act by removing the fulness, and pressure of the Rectum on the bladder. This the first sign of pregnancy in a patient of mine in this city.

6 Swelled legs. V Sponges. 6 Giddiness & Numb= =ness in the limbs. V Sponges & low diet.

& Cramps in the legs. The medicines for that disease mentioned formerly. This Cramps sometimes

V Diminuer of fatority. Dumas says
that both occur in pregnancy. The
former should be called "diseased Aspiration."

ocupies the bowels & Uterus, producing great pain
& ~~coacum~~ for the most part Death. It is called Le=
=cluspsia. The remedy for it is copious Vs.
Dr Hamilton of Edin^r says to the Amount of 300.
The Dr adds further, that he never saw a re=
=covery, where Vs. was not used, nor death where
it was. It was 30 years ago Universally fatal
in this City. Since the ocupise of the Lancet
has been submitted to in our City, & applied
to this Disease, It has I believe never been
fatal in a single instance.

9 Dyspepsia - Sometimes occurs in this State
of Chronic Inflam^n as in several Others. It
is different from breeding sickness by coming
on in the last months of Gestation, & being
attended with all the symptoms of that Dis=
=ease of the Stomach. It is sometimes attended with a Diabetes
& the Liver the same as formerly mentioned.

10 Jaundice. This occurs in several in=
=flam^y Fevers. Its Remedies as before ment^d.

to dispute whether it be proper to bleed in a fever. The grade of the inflam: in the womb, and its attendant symptoms of manifested in the pulse, — in pain &c shd determine the question of bleeding, & the quantity of blood to be drawn. Low diet — gentle exercise are excellent substitutes for it; but where they are not submitted to, VS: should in its room be a substitute for them. In that disposition to Abortion which occurs usually about the 3d month — small & frequent VS: should be preferred to any ~~method with as~~, & all other modes of depletion. They prevent Abortion nearly with as much certainty as small & frequent VS prevent an ~~Spitting of b~~ hæmorrhage from the lungs. for what is ~~tha~~ an abortion, but the effort of hæmoptysis, or a spitting of blood (if I may be allowed the expression) from the Uterus? — the after abortion has

11 ~~Menorrhagia~~ Menorrhagia. This disease requires ~~the~~ the same remedies as ~~for the~~ Menorrhagia from all its other sources. When it occurs monthly, the discharge is said to be from the ~~ovaria~~ ovaria. It proceeds from the ~~ovaria~~ distended Vessels of the Vagina with a bleeding of the few drops of blood from the ~~Nose~~ the falling of a Nose in Other ~~local~~ inflammatory ~~causes~~ process from local causes. It yields to V.S.

During pregnancy great care should be taken to avoid the prepare of the breast, and Nipples. Sore breasts arise chiefly from this cause. The Nipples should frequently be pulled forward during the last 3 or 4 months of pregnancy. The lactiferous tubes are thereby kept previous, and ready to pour forth milk as soon as it formed.

A question has often been agitated among man midwives, whether it be proper to ~~be~~ V bled during pregnancy. It would equally proper

become habitual, other means should be
used to aid us in destroying that habit, - these
should be exercise, and above all a total
change of place, company - and pursuits at
the time it is expected.

I have said 2dly that Parturition is a Disease

This follows from all the Arguments that were made use of to prove that the Uterus is in a diseased State during pregnancy.

2 From all the Symptoms of parturition, such as Convulsive, or Clonic Spasms of the Uterus (one of the forms of Disease) — Great thirst and pain. The Disease of parturition is more acute than that of pregnancy. It is Convulsion superveening Inflammation.

The Remedies for this acute and painful disease divide themselves into two kinds. 1 Such as are proper during pregnancy, and a few months before delivery. &

2 Such as are proper during the time of delivery. To the 1 head belong 1 Exercise, during the whole time of Gestation. These

by lessening sensibility
danger of child bearing
which the Indian ~~of~~
and the ~~two~~ women
~~Countries~~ bring forth
2 Low diet. 3 lenient purges, and 4 small
and frequent V.S in the last months of
Gestation
II The ~~principal~~ Remedies ~~for the disease~~ which are
proper during the time of parturition
~~are to~~ Should be ~~ascertained~~ attended to the
state of the System; - If the pulse be full
strong, copious V.S: Should be prescribed.
~~It~~ is not only ~~lessens~~ the pains, but shortens
the ~~Duration~~ of Labor. A relaxation of
the ~~Os~~ Uteri often takes place while the
blood is flowing. But the Advantages of this
remedy extend much further. It renders

upon the pains, and
Hence the facility with
women of our Country
all Savage nations
~~Savages~~
their Children.

V ~~This for using this remedy in the manner~~

~~that~~

V just as pain from a wound prevents

Tetanus. —

convalescence more rapid — it favours the easy and healthy Secretion of the milk so essential to the health of a Child, — it prevents sore breasts — swelled legs — puerperile fever, and all the Dismal train of Abdominal Complaints which often follow Childbearing. Dr Hunter used to ~~say~~ teach in his lectures, that the most rapid recoveries succeeded the most severe labors — this I believe to be true, for the severity of the pains created an ex=
=ternal ~~and Int~~ disease, and thereby prevent=
=ed the consequences of internal Congestion
& inflam[n] in the Womb. But Vs ~~are~~ by
depleting the Uterus prevents ~~do~~ internal
as well as external Disease. ~~It does~~ the
benefits of Vs will be much aided by empty=
=ing the lower bowels which press upon the
Uterus by means of Glysters. A Dr Wise

of Paris has lately introduced the practice of purging immediately after parturition. He says it prevents the puerperile fever. I shall mention another authority in favor of this practice hereafter.

Where the System is languid from great debility whether from Action, or Abstraction, Opium should be given, & in such quantities as to dull sensation. This has been Done by a fit of Epilepsy & a fit of Drunkenness? — why not — We: more Safely by Opium.

In the German Ephemerides, there is an Account of labor being brought on, and accelerated, from different times by the accidental ringing of Church bells. It is supposed they acted by the stimulus from Sound. Perhaps it was only by the Agitation of

Dr Dewees's inaugural dissertation,
~~a book also to Dr Gibbons on the same~~
~~subject~~ to whom the Late is indebted
for introducing this noble remedy:
The Late Dr Chapman used to say ~~is obstetrics an~~
~~which Dr Chapman says was an~~
~~to favour~~ It marked an Era in the
history of midwifry. ——

V They are the natural result, ~~of any~~ a simple
~~Theory of diseases~~, or ~~and~~ an extension of ~~them~~
Of my theory of the Unity of disease.

Go to p 735 V

motion, or perhaps the Sound acted in both the
ways that have been mentioned.

~~Look of your Book~~ For more information
upon this Subject I refer you to my letter to
~~Dr Miller of New York published in the~~ any med. Repository; also to Dr Millers in-
=genious Inaugural Dissertation published
last years 1804 in which he has added several
important facts in support of the Remedies
I have recommended to lessen the pains
and dangers of Child bearing. The principles
I have taught upon this Subject ~~were of~~
~~pregnancy & parturition~~ first aroused to
me in the year 1790. They have been enlarged
and confirmed by the ~~subsequent~~ reading,
observations and reflections of the subsequent
years of my life. I consider them now as
established, and I cannot express my
Opinion of the application of them

and ~~easy~~ Safety of the practice were first suggested to him by witnessing a quick and easy labor in a woman ~~in the~~ at Abington ~~Country~~ before the year 1793, in consequence of the loss of a large quantity of blood by a hemorrhage from the lungs. From ~~that time, I have made~~ I have since ~~an use~~ an use of this remedy in several Europe- met with ~~the prescription~~ in ~~several~~ Europe- -an authors, but it was prescribed in small quantities, and wholly unconnected with ~~any~~ principles, which alone can render practice safe or certain in any Disease.

I shall now add a few words upon the Diseases which follow parturition. They are — pp. 7 35

Before I dismiss the Remedies for curing the diseases of pregnancy, & opening the pains and Dangers of parturition, I ~~shall~~ cannot

them viz Bloodletting in parturition in stronger terms than those used by this ~~venerable~~ professor & father of Anatomy in our University when he first read Dr Miller's ~~thesis~~ accounts of its efficacy in lessening pain & shortening labor. "I wish said the Dr I had ~~known~~ it sooner. It is impossible to tell how much pain and misery will be prevented by it." — ~~In stepping~~ while I claim the ~~theory~~ principles & reasoning which first suggested the use of ~~the~~ Bloodletting in parturition, I should do an act of injustice to Dr Dewees ~~to any feelings~~ did I not acknowledge that my first mentioning those principles to upon a visit, several years ago, ~~Dr Dewees in the year 1796~~, he informed me of this practice suggested by them, that he had no doubt of their truth, for that he had been in the habit of bleeding in slow and difficult labors for many years, and that the Propriety

La

Lastly taking notice of the analogy between
them, and the Remedies formerly used to
prepare for the body for the small pox. They
were low diet &c purging after the contagion
was received into the body, & VS. during
the eruptive fever when the pulse called for
it. The effects of these remedies were the
same in mitigating the violence of the
small pox. that ~~how~~ ~~to~~ have ascribed
to them in curing the diseases of pregnancy
& lessening the pains & Danger of Parturition.
— Thus Gent: every step we advance by the
lamps of Reason in our researches;
discover more & more of the Simplicity,
and Utility ~~of~~ and certainty of our science.

I shall now add a few remarks
upon the diseases that follow parturition.
They are — p: 735 — nº 16. of old lectures V